

Volunteers Needed!



MEALS on WHEELS
VICTORIA

TOGETHER, WE CAN DELIVER.

Volunteer Opportunities

Meal Delivery

Drivers are needed to deliver meals to homebound seniors inside the Victoria City limits. Meals are picked up Monday through Friday between 10:30 and 10:45 am at the Murray locations. Deliveries may take up to 2 hours. This is a family-friendly volunteer opportunity and it is also great for groups of all ages. Adult supervision is required for those ages 17 and under.

Meal Prep

Volunteers are needed to help pack meals for delivery Monday through Friday from 9 to 10:15 am at our Murray location.

Congregate Center Volunteers

Center volunteers help call Bingo Mon thru Fri at 10 am, take lunch trays to the tables at lunch time, clean the dining room after lunch.

Administrative Volunteer

Volunteers are needed to provide clerical support such as answering phones, copying and filing, organizing intakes, Monday through Friday from 7am to 2pm

Youth Volunteers

Volunteers are welcome addition to our volunteer they may help in a variety of ways including decorating, arts & crafts, assisting in the dining room for special events, hosting bingo, or in other duties. Parental permission and adult supervision is required for those ages 17 and under.

Building Maintenance (inside)

Vacuum, sweep, mop, clean bathrooms

Pet Food Delivery

Drivers are needed to deliver pet food to homebound seniors inside the Victoria City limits. food buckets are picked up Monday through Friday between 8:00am and 1:30 pm at the Murray locations. Pet food can be delivered at your convenience. This is a family-friendly volunteer opportunity and it is also great for groups of all ages. Adult supervision is required for those age 17 and under.

Friendly Visitor (Coming Soon)

Visit our homebound seniors 1 to 2 hours a week and do things such as chat over coffee, play games, take a walk, sit outside.

Sign Up Today

For additional information on how you can help, please visit our website or contact our Director of Operations Diana Alarcon for more details:
www.mowvictoria.org
diana@mowvictoria.org

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